

Community Health Center

VOLUME 67 ISSUE 67

MARCH 2015

Newsletter

MARCH

From Peggy

Staff:

- *Peggy Mitchell,*
Administrator
- *Robin Wilson, RN*
Director of Nursing
- *Sandra Ott, LPN*
Assistant Director of Nursing
- *Jennifer Armer,*
Office Manager
- *Eda Schuelke, Consultant*
Social Services and Activities
- *Cassie Vickery, In-training*
Social Services and Activities
- *Teresa Garrison,*
Dietary Manager
- *Gary Wilson*
Laundry, Housekeeping Mgr
- *Steve Lamb,*
Maintenance
- *Carol Ann Bolser*
Medical Records

In like a Lion or in like a Lamb, that is the question. After the mild winter we have been having, it will be interesting to see what March has in store for us. I am hoping for nice warm spring days and lots of moisture. Bring on those spring flowers. Don't forget to spring forward on March 8th. And get your green on the 17th for St. Patrick's Day.

Thanks to everyone who purchased the Valentine candy bouquets. You helped us get a little closer to our goal of the new flooring.

March 10th and 11th is the Leading Age Annual Conference. Some of the staff will be traveling to Midwest City to attend. This conference is filled with meetings and education on information effecting long term care as well as the latest in technology and innovative ideas.

In March we will be celebrating Social Service week. This is the second portion of the job that Cassie and Eda do. We thank them for the great job they do providing a listening ear to our residents, families, and staff.

Now that the weather is getting nicer, we will be starting our Community Meetings again. This month's topic will be on Coping with Depression. Hope to see you there.

Easter is just around the corner. Save the date for our Annual Easter Egg Hunt on April 4, 2015. Eggs will be decorating the yard and the Easter Bunny will be making an appearance. This is always a great time and the residents love getting all those eggs ready.

Remember our home is always open. Stop by and visit if you have the opportunity. We'd love to see you. Each day is a gift from God. Unwrap and enjoy the present.

IN LOVING MEMORY

This newsletter is published in loving memory of Dale Zeman and June Stevens. The Memorial Service will be held on March 11, 2015 at 4:00 p.m. Family and friends of the honored residents are invited to come & share their memories with us. A plaque will be presented to family members in attendance.

Save the Date!!

Daylight Savings Time

March 8th

Community Meeting

March 19th

6:30 pm

Easter Egg Hunt

April 4th

1:00 pm

WHAT'S HAPPENING?

Don't you just love this wonderful weather? One day is nice and sunny. The next cold and then the next day will be snow and more wind. Just proves that old statement, that we all have heard many times. "If you don't like this weather , just stick around, it will change." This is Oklahoma.

Stock shows are in full swing and we have children of two employees that are showing at the local show and the county show. We wish all of the kids, good luck.

March is the month to adopt a Rescued GUINEA PIG, National Umbrella Month (hope we get enough rain to use an umbrella). For you mystery buffs, Sherlock Holmes weekend is March 20-22 and March 28 to April 5 is Nano Days. Famous people that have a March birthday are: Chopin, Justin Bieber, Back, Reba McEntire, Liza Minnelli, Chuck Norris and Carrie Underwood.

Be sure and wear your green on March 17th to help celebrate St. Patrick's Day.

Carol Ann

FROM THE NURSING DEPARTMENT

We want to welcome some new staff members to CHC. Loretta Utterback, L.P.N., Michelle Philbrick, C.N. A., Jessica Smith C.N.A./C.M.A. and Jessica Willet C.N.A to our staff. We are anxiously awaiting the arrival of the State Survey Team... State Convention is being held in Oklahoma City on March 9-11. Those that will be attending will be bringing back vital information for all departments.

Congratulations to Mary (Alex) Bazer for passing her medication aide certification.

Everyone is ready for the COLD weather to disappear. We are ready for the arrival of Spring.

All of the CHC family is feeling much better after battling the flu, so please stop by and visit.

Robin and Sandy



BIRTHDAYS

RESIDENTS

03-07 Lucille Cheetham
03-14 Patsy Cink
03-14 Raymond Henderson

EMPLOYEES

03-03 Amber Voelzke
03-13 Brenda Cochran
03-26 Jenny Wills
03-26 Steve Lamb



SOCIAL SERVICES AND RECREATIONAL

Let's go fly a kite! Sunday, March 29, 2015 at 2:00 p.m. join our residents as we celebrate National Kite Month. Bring your family, friends, a kite and join us in the front lawn of CHC weather permitting.

Our residents would like to thank each of you that remembered them on Valentine's Day. We had a fun party and they enjoyed all the treats and cards that they received.

March will be a busy month as we start making preparations for our annual Easter Egg Hunt to be held on April 4 at 1:00 pm. In March, we also look forward to celebrating St. Patrick's Day and the arrival of Spring and longer days.

With the arrival of Spring comes Spring cleaning. While visiting your loved on, would you please take the time to check in their closet and see if there are any items that you might need to take home with you.



Our Door is always open for a visit. If you have any ideas that you would to see us include in our activity schedule, please stop in and let us know.

Cassie and Eda

OUR RESIDENTS

- | | | |
|--------------------|------------------|------------------------|
| • Lucille Cheetham | • Linda Jones | • Dean Johnson |
| • Lois Gibson | • Virginia Hern | • Don Blubaugh |
| • Bonnie Skrdla | • Betty Ronck | • Randy Dunn |
| • Kenneth Osborn | • Ruth Bradley | • Darrel Spade |
| • Vivian Schuelke | • Ruth Meuser | • Kenneth Sholtess |
| • Patsy Cink | • Clara Neuman | • Cloyd Elson |
| • Laura Couchman | • Pat McGinnis | • Anna Marie Frangione |
| • Juanita Wencil | • Velma Miller | • Dorothy Eddington |
| • Anita Buckley | • William Morgan | • Catherine Bailey |
| • Ada Mae Mott | • Warren Biggs | • Maxine Thomas |
| • Phyllis Wright | • Verlyn Burlie | |
| • Sherry Armstrong | • Leroy Miller | |

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Caring, Sharing, Loving, Giving

It's What We Do!!

SPECIAL SERVICES FOR VERY SPECIAL PEOPLE

The face of long term care is changing. People are looking for a place that is similar to the home they are leaving behind. They are focusing on individual needs and wants. And when choosing a long term care facility, they are looking for the same options.

Community Health Center has long embraced the spirit of culture change. It's about building relationships between residents and caregivers in a home like atmosphere.

CHC strives to not only meet, but to exceed the expectations of the people they serve.

Just a Few of Our Services

- Personalized nursing care
- Menu choices from the Garden View Cafe
- Whirlpool Spa baths
- Social activities
- Van for outings & medical appointments
- Religious Services

The goals of CHC are to create an environment where residents can have an abundance of life, be well cared for in body & spirit, have meaningful relationships with others & participate as able with family members & caregivers in decisions affecting their care.

CHC has Certified Medicare Skilled Beds. We offer both long & short term respite care, as well as rehabilitation therapy. Independent living retirement apartments are also available.